

Pos	Num	Name	Cat	Pos in cat	Club	swim400 m x 2	Psn	Cycle 54m	Psn	Run 20k	Psn	Overall
1	57	Nathan Jolly	M	1	Plymouth	00:13:08	2	02:29:38	4	01:29:34	5	04:12:20
2	51	Gary Drew	M40	1	MBH	00:16:30	17	02:29:24	2	01:31:44	8	04:17:38
3	2	Carl Harwood	M	2	MBH	00:15:15	5	02:42:03	7	01:27:27	3	04:24:45
4	45	Matt Lewis	M	3	Tri-Logic	00:16:56	21	02:34:19	5	01:34:25	13	04:25:40
5	22	Tobias Savage	M	4	Newquay RR	00:14:17	3	02:50:15	11	01:26:45	2	04:31:17
6	58	Jason Pascoe	M	5	Plymouth	00:16:21	14	02:42:09	8	01:34:02	11	04:32:32
7	47	Alan Hughes	M	6	Exeter Tri	00:16:03	10	02:50:28	13	01:30:04	6	04:36:35
8	41	Matt Thomas	M	7	Bike Chain	00:11:41	1	02:39:05	6	01:46:57	28	04:37:43
9	28	Gus Gusterson	M	8	RN Tri	00:15:58	8	02:50:16	12	01:35:29	15	04:41:43
10	39	Nick Harvey	M	9	MBH	00:21:28	43	02:51:23	15	01:31:33	7	04:44:24
11	21	Daniel Haynes	M	10	Kingfisher Tri	00:17:36	23	02:51:30	16	01:37:07	17	04:46:13
12	55	Nigel Sims	M40	2	MBH	00:17:49	25	02:57:18	22	01:32:00	9	04:47:07
13	15	Scott Markham	M	11	MBH	00:19:01	31	02:48:59	10	01:40:25	23	04:48:25
14	14	Jim Evans	M	12	Unattached	00:16:25	16	02:55:27	19	01:37:03	16	04:48:55
15	16	Simon Romaine	M40	3	Plymouth	00:21:03	41	02:55:30	20	01:32:26	10	04:48:59
16	35	Timothy Drew	M	13	MBH	00:16:00	9	03:00:59	25	01:35:27	14	04:52:26
17	60	Ian Hinds	M	14	North Devon Tri	00:18:35	29	02:46:12	9	01:48:24	32	04:53:11
18	34	Matt Stokeld	M	15	MBH	00:17:57	26	02:54:07	17	01:42:20	24	04:54:24
19	19	Andrew Boxhall	M	16	Brecon M'sport	00:23:43	51	02:55:34	21	01:39:56	22	04:59:13
20	25	Graham Kirby	M45	1	packet of three	00:21:06	42	03:00:09	24	01:38:34	20	04:59:49
21	32	Shaun Keen	M	17	Venture Chllge	00:16:54	20	03:06:54	33	01:37:23	18	05:01:11
22	1	Crispin Hayden	M	18	MBH	00:16:17	13	02:50:56	14	01:56:45	42	05:03:58
23	61	Matt Groves	M	19	Unattached	00:16:51	19	02:59:44	23	01:49:24	33	05:05:59
24	49	Lisa Picton	F	1	E. Cornwall Har	00:22:28	47	03:06:50	32	01:38:15	19	05:07:33
25	50	Ian Crocker	M	20	E. Cornwall Har	00:22:29	48	03:06:37	31	01:38:45	21	05:07:51
26	23	Peter MacNaughton	M45	2	Plymouth	00:20:15	35	03:02:15	29	01:47:58	31	05:10:28
27	40	Jonathon Ford-Dunn	M50	1	Steyning AC	00:19:09	32	03:01:24	26	01:50:27	34	05:11:00
28	42	Jonathon Hancock	M45	3	W+C Tri Club	00:23:57	52	03:01:33	27	01:46:53	27	05:12:23
29	59	David Morgan	M50	2	Tri-Logic	00:20:24	37	03:07:24	34	01:47:23	29	05:15:11
30	12	Rob Kersley	M40	4	Brecon M'sport	00:21:39	44	02:55:08	18	01:58:51	46	05:15:38
33	17	Steven Epstein	M	21	Brecon M'sport	00:16:24	15	03:09:25	36	01:51:23	36	05:17:12
34	5	Pete Nash	M50	3	E. Cornwall Har	00:24:03	53	03:07:33	35	01:47:57	30	05:19:33
35	38	Mark Blatchford	M	22	Unattached	00:15:38	7	03:09:26	37	01:54:56	39	05:20:00
36	20	Tom Daniels	M50	4	W+C Tri Club	00:19:23	33	03:02:38	30	02:00:26	47	05:22:27
37	46	Ian Taylor	M40	5	Plymouth	00:16:59	22	03:10:10	39	01:56:02	40	05:23:11
38	6	John McKinley	M45	4	E. Cornwall Har	00:25:37	57	03:12:15	43	01:45:52	26	05:23:44
39	30	Jamie Hamilton	M	23	Unattached	00:18:23	27	03:21:29	47	01:45:44	25	05:25:36
40	36	Graham Smith	M40	6	Plymouth	00:22:25	46	03:09:57	38	01:53:34	38	05:25:56
41	53	Dan Murphy	M	24	Unattached	00:15:19	6	03:01:59	28	02:12:25	54	05:29:43
42	44	Tony Rowell	M40	7	Tri-Logic	00:22:47	49	03:10:11	40	02:04:48	49	05:37:46
43	9	Jacqueline Bond	F	2	Bath Amphibians	00:24:46	55	03:16:47	46	01:56:36	41	05:38:09
44	8	Justin Randell	M	25	Slippery Eels	00:17:46	24	03:14:57	44	02:09:13	52	05:41:56
45	26	Chris Pryke	M40	8	Thames Turbo	00:25:31	56	03:24:28	50	01:53:25	37	05:43:24
46	56	Michael Penberthy	M45	5	Tri-Logic	00:18:31	28	03:11:53	41	02:17:02	56	05:47:26
47	10	Steve Hamilton	M	26	Unattached	00:16:33	18	03:22:18	48	02:08:56	51	05:47:47
48	27	Julian Wills	M	27	Plymouth	00:19:45	34	03:30:11	52	01:58:20	44	05:48:16
49	3	Philip Northsworthy	M	28	Plymouth	00:20:37	38	03:12:11	42	02:16:43	55	05:49:31
50	18	Redwynn Sterry	M	29	Unattached	00:18:59	30	03:22:57	49	02:09:21	53	05:51:17
51	29	John Thompson	M45	6	Unattached	00:20:47	39	03:32:59	55	01:58:17	43	05:52:03
52	54	Ben Brookshaw	M	30	Brecon M'sport	00:27:39	58	03:35:22	56	01:50:28	35	05:53:29
53	4	Andru Blewett	M45	7	Unattached	00:20:58	40	03:28:37	51	02:04:44	48	05:54:19
54	37	Denise Cardew	F40	1	Tri-Logic	00:20:21	36	03:37:45	57	01:58:49	45	05:56:55
55	13	Richard Wadman	M	31	Unattached	00:21:41	45	03:30:39	53	02:07:46	50	06:00:06
56	11	Graham Ford	M40	9	Prison Service	00:24:36	54	03:31:40	54	02:20:30	57	06:16:46
57	33	Peter Tamblin	M60	1	Unattached	00:22:50	50	03:40:16	58	02:24:14	58	06:27:20

team

1	98	Panther/Friday/Sayer	T	1	D+C'wall Police	00:14:35	4	02:29:28	3	01:24:17	1	04:08:20
2	100	Hayden/Legg/Friday	MXT	1	Bike Chain	00:16:17	12	02:26:39	1	01:29:07	4	04:12:03
3	99	Jose/Holland/Eddy	MT	2	Redruth PO Team	00:16:09	11	03:14:59	45	01:34:16	12	05:05:24